

Fill the House

Scripture Meditation Manual



Rheanna J. Arfsten

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“For He satisfies the thirsty and fills the hungry with good things.”

- **Psalm 107:9**

Fill the House

“NOW WHEN THE UNCLEAN SPIRIT GOES OUT OF A MAN, IT PASSES THROUGH WATERLESS PLACES SEEKING REST, AND DOES NOT FIND IT. THEN IT SAYS, ‘I WILL RETURN TO MY HOUSE FROM WHICH I CAME; AND WHEN IT COMES, IT FINDS IT UNOCCUPIED, SWEEPED, AND PUT IN ORDER. THEN IT GOES AND TAKES ALONG WITH IT SEVEN OTHER SPIRITS MORE WICKED THAN ITSELF, AND THEY GO IN AND LIVE THERE; AND THE LAST STATE OF THAT MAN BECOMES WORSE THAN THE FIRST. THAT IS THE WAY IT WILL ALSO BE WITH THIS EVIL GENERATION.” - **MATTHEW 12:43-45**

I stopped into the dentist the other day for my bi-annual cleaning and checkup, during which they discovered I had a small cavity on the top of one of my molars. I was strongly encouraged to make an appointment, come back and have the hygienist take care of it for me. When I came back for the cavity care appointment, I sat in the chair chatting with dental assistant about life, kids, and the like, while the dentist began to prep my gums with Novocain. He proceeded to drill and clean out the diseased portion of my molar, leaving an open hole, which exposed the nerve in my tooth. As he worked, he explained to me how he would put a liner into the hole in my tooth to cover the nerve and then fill it with a composite to seal off the hole, therefore protecting it from any further intruding bacteria, which would create another cavity, or worse, an infection that would require another procedure.

I couldn't help but think about how the above verse in Matthew so reflects the nature of this delicate and balanced dental procedure. To reiterate, we are a three-part man; spirit, soul, and body. Our spirit is our identity; reflecting the nature and oneness with Christ, this is where we are born again through spiritual birth, and it remains the truth of who we are. Our body is our temporary address here on earth, it is the temple for the Holy Spirit to dwell in and make an appeal through us. Our soul is our expression; mind, emotions, and will, and this is where the enemy tends to try and gain access to steal from our lives. Often times there are places in our soul that need deliverance, that is a taking of authority over the demonic influences (unclean spirits) that have somehow gained access to our mindsets, thought patterns, philosophies, behaviors and attitudes. When we seek deliverance of the Lord to remove these demonic influences in our lives, we are what Matthew describes as

“sweeping the house clean”, but it cannot stop there. Just as the dentist must fill the hole in the molar with a composite that will protect the nerve and tooth from any further damage, so too one must fill his soul; mind, will and emotions with truth in order to protect himself from further intrusion, lest, as Matthew describes, “the last state of the man becomes worse than the first”. Filling your house includes a daily reading and studying of God’s word to renew your mind, prayer and meditation by listening for what God speaks to your heart, getting rid of the things in your life that God puts His finger on, and receiving Godly, spirit-filled teaching, which will edify your spirit to new and deeper growth.

Meditate Day and Night

“THIS BOOK OF THE LAW SHALL NOT DEPART FROM YOUR MOUTH, BUT YOU SHALL MEDIATE ON IT DAY AND NIGHT, SO THAT YOU MAY BE CAREFUL TO DO ACCORDING TO ALL THAT IS WRITTEN IN IT; FOR THEN YOU WILL MAKE YOUR WAY PROSPEROUS, AND THEN YOU WILL HAVE SUCCESS.” – **JOSHUA 1:8**

“Meditate” is a word that often creates discomfort in Christian circles; it tends to be associated with ancient Hindu practices, philosophies, and other false, mind-worshipping routines, and so causes us to want to avoid it at all cost. In our haste to “*throw the baby out with the bathwater*” so to speak, we as believers have missed the benefits of a very important instruction given to us by God; to meditate day and night! Let’s explore what God’s definition of meditation is.

- ❖ The Hebrew word for meditate used in **Joshua 1:8** is “hagah” pronounced *daw-gaw*. It means to murmur, and to ponder. Some other words associated with it would be: imagine, mutter, roar, speak, study, utter.
- ❖ To **murmur** means: “*to make a low or indistinct sound, especially continuously.*”
- ❖ To **ponder** means: “*To consider something deeply, and thoroughly. To weigh carefully in the mind.*”

When God instructs us to meditate on His word, He's opening a door to a promise, and as we consider His word deeply, continuously speak it out and be careful to do according to it, we will see ourselves firmly planted and our way prosperous and successful!

We see confirmation of this elsewhere in the scriptures; look up these verses with me:

- ❖ **Psalm 1:2-3** *"But his delight is in the law of the Lord, and in His law, he meditates day and night. (3) he will be like a tree firmly planted by streams of water, which yields its fruit in its season and its leaf does not wither; and in whatever he does, he prospers."*
- ❖ **John 15:4** *"Abide (stay) in Me and Me in you. As the branch cannot bear fruit of itself unless it abides in the vine, so neither can you unless you abide in Me."*

Action

Meditate, abide, journal, ponder, and murmur/recite, are words that require action. If we now know that God has instructed us clearly to act upon the word and meditate upon His promises, with the assurance of the fruit that follows these actions, then we must grab hold of it and act. We are going to look at some ways the word teaches us to act and apply them to life, so that we may truly LIVE!

The purpose of this application manual is to help you memorize, study, pray through scripture, and hear from The Lord as you meditate on His word. Each page contains scriptures for you to read, and space for you to write down definitions, impactful truth and personal encouragement from the Holy Spirit, while you discover the depth of God's heart through His word. Additional tools for you to keep handy, that will help you in this study manual are; recipe cards to write the memory scriptures on, online or offline copies of the Bible, a dictionary, and a Strong's Concordance. Look these scriptures up in your personal bible; highlight them, write them down, pray through them, and discover personal renewal and transformation through the process. I am praying for you as you meditate on God's word, and promises, that they would take deep root in the good soil of your heart, producing much fruit in season so that you may prosper in all that you do in Jesus name, Amen!!

Fill the House

EXAMPLE



Read: Ephesians 4:1-9

“walk in a manner worthy of the calling with which you have been called...”

Highlight: A word or phrase that stands out

To preserve the unity of the Spirit in the bond of peace.

List: Any insights or definitions

Unity: The state or quality of being one or united into a whole

Speak: Short prayer or question you have

Lord teach me how to walk in a manner worth of my calling and preserving the unity of the Spirit for the sake of peace

Be still: What is the Lord speaking to your heart

“Walk above the crowds. Be careful of impulsiveness. Don’t take time to debate, judge, endorse, criticize, argue, or engage in the noise and chaos. Stay focused. Walk in a worthy manner (humility, gentleness, patience, tolerance in love). Preserve unity within your own heart that it may spread to those I put around you.”

Fill the House



Read: Ephesians 6:10-18

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly aged or off-white appearance.

Fill the House



Read: Psalm 25:1-10

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Ephesians 1:17-22

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Fill the House



Read: 2 Timothy 2:14-26

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Psalm 1

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Ephesians 2:1-10

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Fill the House



Read: John 10:22-30

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Galatians 4:1-7

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Colossians 2:8-15

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 1 John 5:13-20

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Matthew 5:13-20

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 1 Corinthians 12:22-31

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Philippians 3:7-14

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Proverbs 3:1-12

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Proverbs 3:13-26

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Psalm 3

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Psalm 4

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Genesis 1:26-31

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Psalm 84

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: John 14:7-15

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Johns 15:1-11

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Hebrews 8:1-6

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 1 Peter 2:21-25

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Romans 12:1-5

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 2 Timothy 2:14-26

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Deuteronomy 8:7-18

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 1 Corinthians 3:16-23

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Galatians 3:23-29

Highlight: The word or phrase that stands out

List: Any insights or definitions

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Fill the House



Read: Philippians 4:1-9

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Romans 8:1-8

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: 1 Corinthians 12:1-11

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Philippians 3:15-21

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: 1 Corinthians 12:12-21

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Psalm 2

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Isaiah 9:1-7

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Hebrews 11:1-7

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: 1 Peter 2:4-10

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Proverbs 3:27-35

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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Fill the House



Read: Proverbs 10

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Fill the House



Read: 1 Corinthians 13

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Psalm 91

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Psalm 24

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible][illegible]

Fill the House



Read: Isaiah 41

Highlight: The word or phrase that stands out

List: Any insights or definitions

[illegible]

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