

## **Chapter 8 – Purpose of Communion**



Communion is about connection through relationship; connecting with God and connecting with others. Communion through relationship is going to look unique for each one of us; how or where God speaks to you may be different from your spouse, likewise, how you relate to your family and friends may look different from your neighbor. The important thing is to discover how you connect, so that you can connect. The way God often connects with me outside of focused prayer is when I am doing one of three things; folding laundry, working out, or showering. When I do any one of these three things, I try and keep a journal handy, so I can write down what He impresses upon me. I tend to connect best with my husband and others when we are having a one-on-one focused conversation. Discovering this helps me be more intentional about connecting through communion with God and others.

- **What is a common place that God speaks to your heart?**
- **How does God often speak to you? (visual illustrations, dreams, words etc.)**
- **How do you best connect with others? (one-on-one, in crowds, being active, focused conversation etc.)**

**As you read through Chapter 8, “Purpose of Communion”, finish the following statements:**

*The part that stands out the most to me is:*

*Areas I want to see growth:*

*I want to see growth in these areas because:*

*The steps of obedience I feel the Lord is showing me to take are:*